



**JKS
FRANCE SUD**

日本空手松涛連盟

2 0 2 5 SEMINAR

JUNE 7 - 8 - 9

F R É J U S



JKS FRANCE SUD

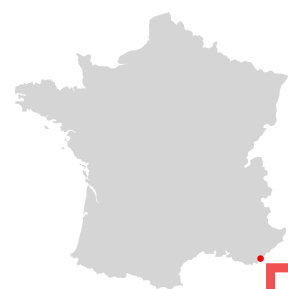
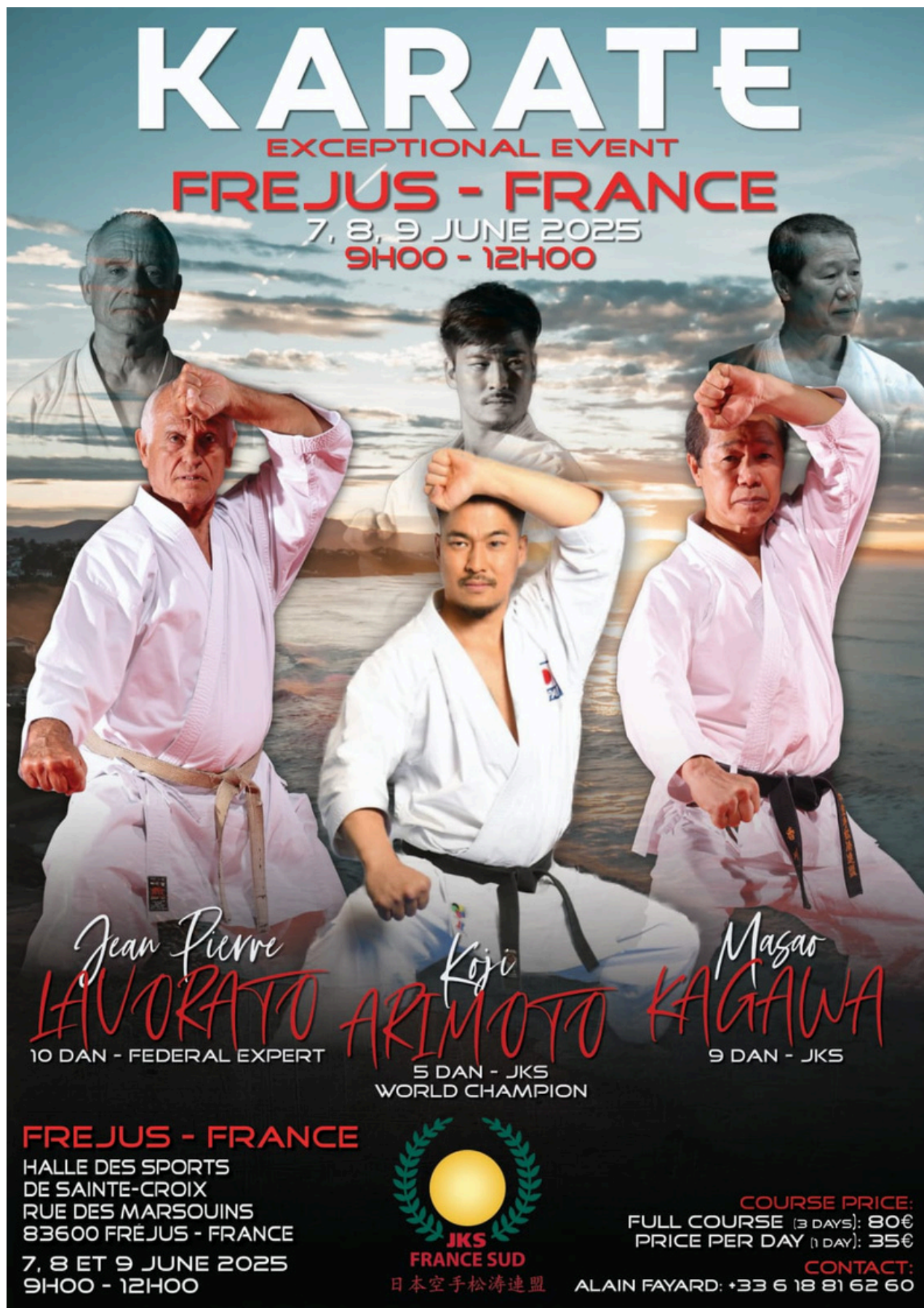


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OFFICIAL POSTER



KARATE


EXCEPTIONAL EVENT
FREJUS - FRANCE
7, 8, 9 JUNE 2025
9H00 - 12H00

Jean Pierre
LAVORATO
10 DAN - FEDERAL EXPERT

Koji
ARIMOTO
5 DAN - JKS
WORLD CHAMPION

Masao
KAGAWA
9 DAN - JKS

FREJUS - FRANCE
HALLE DES SPORTS
DE SAINTE-CROIX
RUE DES MARSOUINS
83600 FREJUS - FRANCE
7, 8 ET 9 JUNE 2025
9H00 - 12H00



JKS
FRANCE SUD
日本空手松涛連盟

COURSE PRICE:
FULL COURSE (3 DAYS): 80€
PRICE PER DAY (1 DAY): 35€

CONTACT:
ALAIN FAYARD: +33 6 18 81 62 60

BACKGROUND

Gasshuku

Gasshuku (Japanese) means “intensive training together.”

Historical background

1960s-1970s

Claude Thomas, a great karateka and friend of Kasé Senseï, often travelled to Japan to practice karate. Kasé Senseï asked him to develop karate in Côte d'Ivoire, which Claude Thomas worked on for 4 years. Upon his return to France, he decided to organize seminars in Frejus, his hometown on the French Riviera.

Every year Kasé Senseï, Shirai Senseï, Naito Senseï and Enoda Senseï would come to France to teach karate in those international seminars that brought together karatekas from France all over the world. The event gained popularity, with French media attending every year to cover the seminar.

Lavorato Senseï attended every seminar as well, since he was already a student of Kase Senseï.

Serge Thomas, son of Claude Thomas and student of Lavorato Senseï, was also there. Serge has also trained with Kagawa Shihan on multiple occasions in the 1980s-90s and has now become a dear friend to JKS France Sud.

Today

Our goal this year is to recapture the legacy of past achievements, while taking advantage of the valuable ressources we have today.

Gasshukus have always been a way to bring people together around a shared passion for karate. This one will allow everyone to learn from Kagawa Shihan, Lavorato Senseï, and Arimoto Senseï.

JKS France Sud, with the FFK (French Federation of Karate) have already collaborated in the past, when we organized seminars featuring both Kagawa Shihan and Lavorato Senseï as lead instructors. We now have the opportunity to push the collaboration even further through this project.

It is also a way for us karatekas to show that we do not need to be featured in Olympic Games to promote and practice our sport at the highest levels, and bring people together while doing so.



OUR SENSEÏS

Masao Kagawa Shihan



Masao Kagawa Shihan, 9th dan

Kagawa Shihan earned the World Champion title several times both in *kumite* and *kata*. When founder of JKS Asaï Senseï passed away, Kagawa Shihan became his successor as head of the federation.

He was also the official coach of Japan's national karate team and trained a number of great champions.

Kagawa Shihan is considered as one of the greatest karatekas in the world.

Jean-Pierre Lavorato Senseï



Jean Pierre Lavorato Senseï, 10th dan

Jean-Pierre Lavorato started karate in 1962. In 1966, he went to Japan with three friends from France's national karate team, and they trained together in Japan for several months. He became one of Nakayama Senseï's students, and consistently trained with other masters at JKA in Japan.

Upon his return to France, he won several international competitions. Soon enough, he met Kase Senseï and trained as his student for 40 years. His karate has been shaped by thousands hours of training with his master.

Koji Arimoto Senseï



Koji Arimoto Senseï, 5th dan

Koji Arimoto was only 20 years old in 2012 when he earned the World Champion title with his teammates in Paris. The Japanese team performed Unsu for the final, and made history, with Kagawa Shihan as their coach.

Koji Arimoto started teaching at JKS and after a break from team competitions, he and his teammates won the World Champions title again in 2021, 2023 and 2024.

PROGRAM



Halle des sports de Sainte-Croix
230 Rue des Marsouins, 83600 Fréjus



DAY 1 - June 7 saturday

9am - 12pm

Kagawa Senseï, Lavorato Senseï,
Arimoto Senseï

5pm - 6:30pm

Bonus class with Arimoto Senseï

DAY 2 - June 8 sunday

9am - 12pm

Kagawa Senseï, Lavorato Senseï,
Arimoto Senseï

5pm - 6:30pm

Bonus class with Arimoto Senseï

DAY 3 - June 9 monday

9am - 12pm

Kagawa Senseï, Lavorato Senseï,
Arimoto Senseï

Training will take place every day of the seminar according to the same schedule: 9am to 12pm with all three Senseïs.

Additionally, on the first two days Arimoto Senseï will teach a class from 5pm to 6:30pm.

3 days of training

Each Senseï will be conducting a class in a different dojo*. They will each be teaching their own group.

There will be 3 different classes happening simultaneously, and participants will choose who they want to train with at the beginning of each day.

*All dojos are in the same building. See address at the top of the page.



REQUIREMENTS & REGISTRATION

How to register

We have created a Google Form [link below] to allow participants to register in advance.

We ask you to please fill this form if you wish to participate. Filling this form is the only way to ensure your participation in the seminar.

If you are coming as a group, please make sure you are sending one answer per person.

<https://docs.google.com/forms/d/e/1FAIpQLSc698OXTkw91zOglQSo7JwL5HM2xlBAuyawpV8fPjNUM7VzzA/viewform?usp=header>

PRICE & PAYMENT

All participants will pay for the seminar on location (no online payment.)
Check the rates below, based on the courses and number of days.

FULL SEMINAR	80€
3 days	
DAY 1 - June 7 saturday	9am - 12pm
+	Kagawa Sensei
DAY 2 - June 8 sunday	Lavorato Sensei
+	Arimoto Sensei
DAY 3 - June 9 monday	

ONE DAY PASS	35€
1 day	
Participate in the seminar on the day of your choice.	9am - 12pm Kagawa Sensei Lavorato Sensei Arimoto Sensei

1 Bonus course	20€
1 day	
Participate in one of Arimoto Sensei's bonus afternoon courses.	5pm - 6:30pm Bonus class with Arimoto Sensei

2 Bonus courses	30€
2 days	
Participate in one of Arimoto Sensei's bonus afternoon courses.	5pm - 6:30pm Bonus class with Arimoto Sensei

ACCESS

Public transportation



Bus stop - Parking Relais Sainte Croix

Buses 02, 03, 09, 11, 13, 14, 16, B
(3 minute walk to the dojo)



Train stations

- Gare de Fréjus
- Gare de Saint-Raphaël Valescure

(There is a train between Saint-Raphaël and Fréjus, 3-minute ride.)

You can purchase train tickets on SNCF Connect or Trainline.



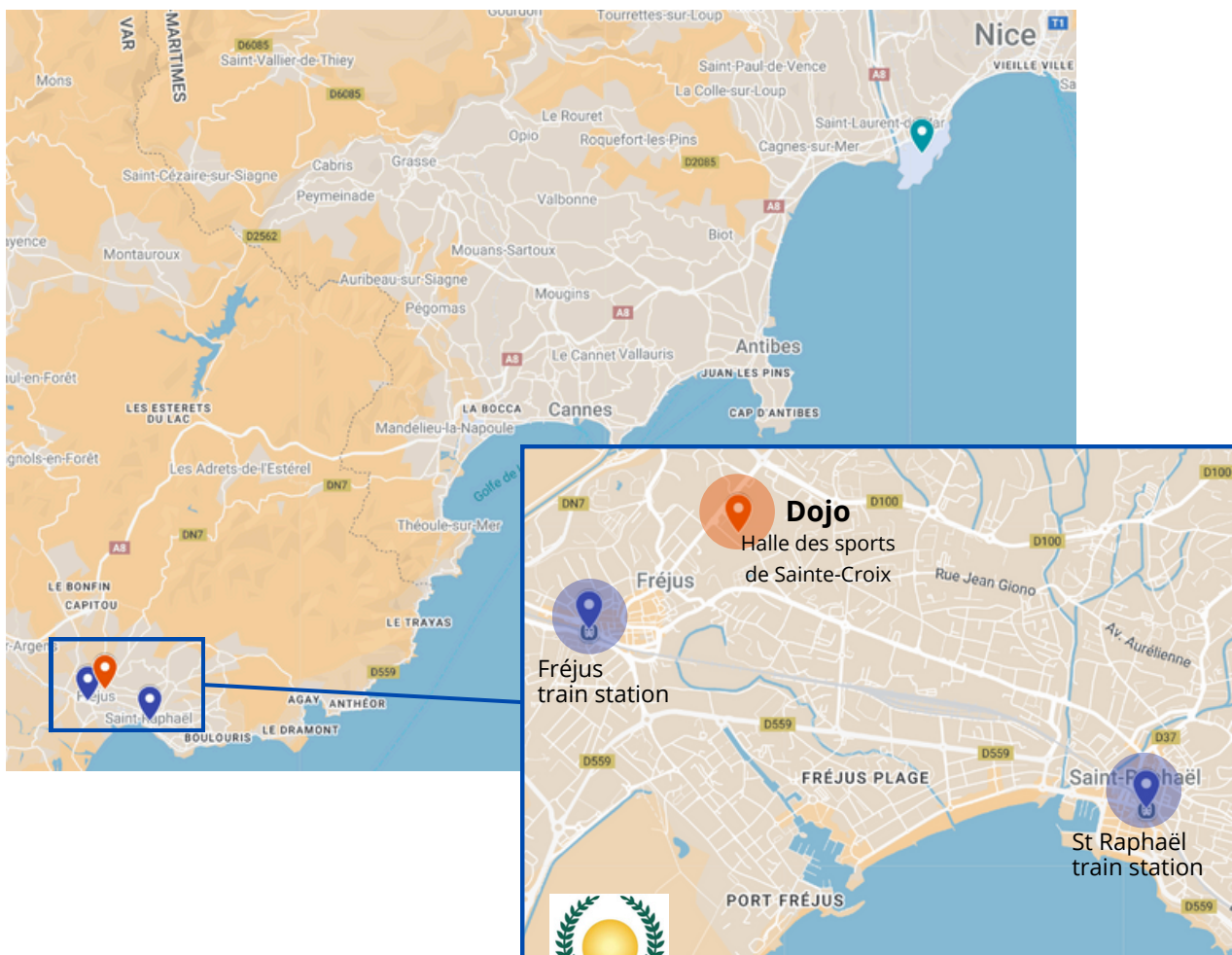
Airports

- Aéroport Nice Côte d'Azur (NCE)

Direct train from the airport to Fréjus (1h15)

- Aéroport Marseille Provence (MRS)

Train from the airport to Fréjus with transfers (2 to 3 hours)



ACCOMODATION

We have partnered up with the Frejus region's Tourist Information Center to help you organize your stay during the seminar.

If you need any help or information, you can contact them directly and mention you are coming to Frejus for the karate seminar in June. Their staff will be able to answer your questions in English.

They work in collaboration with several tourist accomodations in the area and can therefore offer you preferential rates, specifically for group bookings.




CONTACT


+33 4 94 19 10 64
+33 4 94 19 10 65


 scirillo@esterel-cotedazur.com
adipasquale@esterel-cotedazur.com

Self booking

You can click on the links below to browse and book accomodations in Frejus.

Accommodation
section of the Fréjus
tourist office website 

Accommodation
section of the Saint-
Raphaël tourist office
website 

Online booking engine
for destination Esterel
Côte d'Azur 

Booking through an agent

You can also ask the Tourist Information Center for help with your booking. In order to process your request as efficiently as possible, they will need to know your requirements:

1. Dates of stay
2. Number of guests
3. Type of room required: single, twin, double
4. Type of package required: self-catering, with breakfast, half board, full board

If you need additional information regarding the seminar, feel free to send us an email at jksfrance26@gmail.com.

This seminar is organized in partnership with the FFK (French Federation of Karate.) It is an honor for us to bring together the JKS and the FFK on this event, and to gather karatekas from around the globe for three days of training with the greatest Senseis in the world.

We are looking forward to seeing you in June !



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